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focusing on gluttony and "hidden hunger," where well-nourished people **eat** poorly and malnourish themselves.

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clinical dietitian at Akron Children's Hospital, says simple, measurable nutritional goals, as well as a little ...

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### ***EATING WEIRD FOOD***

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yoooyoooO!! In December we went LIVE on INSTAGRAM in PUBLIX (Unlisted video: [https://youtu.be/\\_5cJod7KqV4](https://youtu.be/_5cJod7KqV4)) ...

***This Is Why Eating Healthy Is Hard (Time Travel Dietician)*** To save



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