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Facing The Fire Experiencing And

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Facing the Fire: Experiencing and Expressing Anger ...

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Facing the Fire: Experiencing and Expressing Anger ...

Editorial Reviews. Facing the Fire is the best book on anger I have read; it is responsible, honest, practical, and a good read. I know the techniques Lee describes work, and the exercises alone make it a valuable book. I will use Facing the Fire personally and professionally."—Dr. Patricia Love, author of *The Emotional Incest Syndrome: What to Do When a Parent's Love Rules Your Life*

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Facing the Fire: Experiencing and Expressing Anger ...

The author of The Flying Boy describes how repressing anger can have profound effects on personal health and guides readers step by step through the process of getting past their fears. "Facing the Fire is the best book on anger I have read; it is responsible, honest, practical, and a good read. I know the techniques Lee describes work, and the exercises alone make it a valuable book.

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Facing the fire : experiencing and expressing anger appropriately. [John H Lee; William Stott] -- The author of The Flying Boy describes how repressing anger can have profound effects on personal health and guides readers step by step through the process of getting past their fears.

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Facing the Fire: Experiencing and Expressing Anger ...

The most important relationships we have in this life are within our family.

Facing the Fire

The author of The Flying Boy describes how repressing anger can have profound effects on personal health and guides readers step by step through the process of getting past their fears. "Facing the Fire is the best book on anger I have read; it is responsible, honest, practical, and a good read. I know the techniques Lee describes work, and the exercises alone make it a valuable book.

Facing the Fire: Experiencing and Expressing Anger ...

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Facing the Fire: Experiencing and Expressing Anger ...

Behaviors such as stealing at the fire station and on emergency incidents; dealing and using drugs while on duty; and sex in the firehouse. Let's face it; we live in a pleasure seeking society. "Get all you can get," is promoted in TV ads and the lifestyles of the rich and famous. It's sad, but not surprising,...

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By John Lee Facing the Fire: Experiencing and Expressing ...

Here, in an open field, two cottages stand, facing each other. They clustered in a close group near the fire, facing a common centre. He stopped and turned her round so that they were facing each other. The headless fish leaped from under his hands as though they were facing a rapid. He then came to me,...

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